

# The Power to Change Organisations

Day 2 of the Inner Quality Management® Program

The pressures on organisational cultures to be coherent and perform brilliantly at a time of rapid change are greater than ever. Business success is only possible when there is coherence - alignment - between personal and professional performance, personal and professional goals, and personal and professional strategies.

*The Power to Change Organisations* Workshop is based on the premise that when people have tools to manage their intellectual and emotional processes they become active creators of a healthy, productive workplace climate and even regain organisational vitality where it may have been lost. Once a critical mass of individuals within a team, department, division or the whole organisation reaches a new level of mental and emotional self-management it will create a momentum that cannot be stopped. As a result, the organisation will become more resilient, adaptable, innovative, productive and efficient. And a better place to work.

*Enables you & your organization to quickly reduce stress and shift to optimal learning and high performance states.*

Our Power to Change Performance program (see other fact sheet) focuses on the first two dynamics of IQM: Internal Self- Management and Coherent Communication. In day two your team will cover information and learn skills that relate to the other critical elements of creating coherent organisations - Boosting Organisational Climate and Strategic Processes of Renewal.

The same qualities that boost individual health and performance are also essential for an organisation's health and performance. *The Power to Change Organisations* applies the theories of coherence and tools learned in The Power to Change Performance workshop, to the organisation.

## In this one-day workshop you'll learn:

- the elements of a healthy and productive workplace climate
- how to build and sustain resilient teams
- the keys to making well-informed decisions under pressure
- how to generate innovative ideas and bring them to practical application
- how to conduct more efficient and productive meetings
- innovative strategies for creating a strong organisational culture and esprit de corps
- practical tools for creative decision-making and strategic thinking

## Participant materials include:

Power to Change Organisations guidebook

## Prerequisite:

This program assumes participants have had a Power to Change Performance® workshop

*“The most noticeable outcome from the HeartMath program has been a big shift in the relationships in the management team, which was immediately noticeable by the staff and generated a positive, caring culture for the customers.”*

Laura Page, HR Director